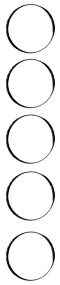


# SPINACH



## OVERVIEW

Popular edible leafy green plant. Cool season plant is best for spring and fall production. Can be used in a variety of cuisines and eaten raw or cooked. Can be produced in garden beds, patio containers, or cold frames.



## WATER

Irrigate regularly for best leaf quality for harvesting, to prevent bolting plants do best with light frequent irrigation instead of dry down cycles.



## LIGHT

Full Sun



## SOIL

Plants prefer loamy, rich, well drained soil.